

Packing Checklist – Alaska

Apex Expeditions has teamed up with Ship to Shore Traveler to offer many of the items noted on the packing list below. Visit <https://apex-expeditions.shiptoshoretraveler.com/> for a convenient way to order expedition gear and accessories.

Essential Items Needed for this Expedition

- ID card/Passport*
- Airline ticket confirmation details*
- Binoculars - a good pair of binoculars is highly recommended (contact us if you'd like guidance on choosing new optics)
- Waterproof jacket and pants (recommend side-zip)
- Waterproof rubber boots, mid-calf or higher, with non-slip soles (See Important Notes below)
- 1 pair comfortable, sturdy waterproof hiking boots with ankle support
- Polarized sunglasses with strap
- LED headlamp (plus small flashlight as back-up)
- Daypack or small backpack (waterproof, otherwise with added drybag or pack cover)

Clothing (in soft-sided, compressible luggage)

- Moisture-wicking long- and short-sleeved shirts (polypropylene, merino, etc.)
- Thermal top & bottom layers
- Hiking pants
- Warm, polar fleece jacket
- Lightweight fleece pullover or sweater
- Warm socks (wool or synthetic)
- Underwear
- Swimsuit (for hot tub or sauna)
- Gloves (waterproof recommended, liners optional)
- Fleece or wool hat
- Neck gaiter or buff
- One pair comfortable walking shoes
- Gaiters (optional, if not bringing rubber boots)
- Waterproof brimmed hat

*These items should be packed in your hand luggage, together with a change of clothing for unexpected delays of checked luggage or other contingencies.

Personal Items / Miscellaneous

- Prescription or regular medication*
- Cash / credit cards*
- Photocopies of all documents and tickets*
- Camera lenses, chargers, batteries, & memory cards
- Refillable water bottle
- Favorite snacks (granola bars, etc.)
- Toiletries
- Sunscreen and lip balm with minimum SPF 15
- Insect repellent (with 30% concentration of DEET)
- General antibiotic, antihistamine cream, antibacterial cream, anti-diarrheal tablets (Imodium A-D), aspirin, throat lozenges, antacids, anti-nausea
- Band-Aids and blister kit
- Handywipes / hand sanitizer / pocket tissues
- Electrical converter kit / adapters (if needed)
- Extra pair prescription glasses or contact lenses
- Notebook and pen or pencil
- Travel sewing kit (in checked baggage only)
- Travel alarm clock
- Umbrella (optional)
- Collapsible trekking poles (optional)

Important Notes on boots:

Waterproof boots, non-insulated and with non-slip soles, are essential on this expedition for wet landings, ankle-deep water, and mud. Regular high-top hiking boots do not work for wet landings as your feet will get wet. *Xtratufs* are one recommended brand you can find in Sitka if you aren't able to find a suitable pair in advance. We recommend that you also bring an insole that you find comfortable for extra support. The *Safari Quest* has a very limited supply of women's and men's sizes 5-12 which you can borrow for the days you are onboard, but we advise you to bring your own boots to ensure availability, good fit, and to be able to use on the remainder of your expedition. Where conditions warrant, your Expedition Leader will advise when to bring walking or hiking shoes ashore to change into. Make sure your hiking shoes or boots are sturdy with non-skid soles.

We hope you are as excited about this expedition as we are, and that your Get Ready Guide has answered most of your questions. If not, please don't hesitate to contact us. Thank you for choosing Apex!

